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- Water-continuous emulsions based on polysaccharides.
- The invention concerns water-continuous emulsions having a fat content of 1-60 wt.%, and wherein the aqueous phase consists of a gelling polysaccharide capable of forming a gel while the shear modulus of the aqueous phase must fulfil specific requirements and while the gelling polysaccharides are present as microgels with a mean equivalent diameter of less than 100 μm.

The emulsion is spoonable, meaning that it fulfils specific requirements as to yield value, Bingham viscosity and failure to stress.

The emulsions can be used in non-dairy creams, in dressings and mayonnaises.

Liquid-based compositions comprising at least one gelling polysaccharide capable of forming a gel, wherein the composition, at temperature T, is fluid and the shear modulus of the composition, at temperature T, is three or more times lower than the shear modulus of the gel obtained either after heating said composition to above the transition temperature and subsequent cooling or after chemically setting of the gelling agent, under quiescent conditions at the same temperature T. The gelling polysaccharide(s) predominantly being present in the composition as microgels having a mean equivalent diameter of less than 100 μ m, more preferably of less than 50 μ m. Microgels of this type are known from our European patent applications 355,908 and 432,835

Furthermore, it is disclosed that these compositions are pourable and pumpable and that they disrupt at low strain. A method for the preparation of these compositions is also disclosed in these documents.

It is further disclosed that these compositions can be applied in edible, water-continuous fat emulsions. However, application of these compositions in food products that are spoonable, is not disclosed in these earlier Unilever patent applications.

We have now found that these compositions are very helpful in the preparation of water-continuous fat emulsions with the desired rheology in order to make them eminently spoonable.

Spoonable emulsions are defined in our earlier European patent applications 91310097.0 and 91310098.8. A spoonable emulsion is defined by its rheological behaviour, i.e. an emulsion displaying, at 5 °C, the following rheology:

- a yield value of > 50 Pa, when extrapolating from shear rates between 100 and 300 S⁻¹:
- Bingham viscosities < 500 mPa.s between shear rates of 100 and 300 S-1;
- failure to stress at a strain of < 0.5 Radians.

Therefore, our invention concerns water-continuous emulsions, wherein the above-mentioned liquidbased compositions comprising a gelling polysaccharide are present and which display excellent spoonable characteristics.

Thus, our invention is concerned with a water-continuous emulsion, which optionally contains protein component(s), emulsifier(s) and/or thickener(s), wherein the fat phase comprises 1-60 wt.% of the total composition and the aqueous phase consists of at least one gelling polysaccharide capable of forming a gel, wherein the aqueous phase, at temperature T, is fluid and wherein the aqueous phase, at temperature T, has a shear modulus that is at least three times as low as the shear modulus of the gel obtained, under quiescent conditions at the same temperature T, while the gelling polysaccharides are present as microgels with a mean equivalent diameter of less than 100 μ m and the emulsion is spoonable, according to our definition for spoonable.

The water phase can be obtained either by shearing of the polysaccharides, using a specific heating regime or by chemically setting of the polysaccharides under shear.

Therefore, our invention is concerned with water-continuous fat emulsions wherein the aqueous phase consists of at least one gelling polysaccharide capable of forming a reversible gel and wherein the aqueous phase, at temperature T, has a shear modulus that is at least three times as low as the shear modulus of the gel obtained after heating said composition to above the transition temperature and subsequent cooling under quiescent conditions to the same temperature T.

Further, our invention concerns fat emulsions wherein the aqueous phase consists of at least one chemically set gelling polysaccharide capable of forming a gel and wherein the aqueous phase, at temperature T, has a shear modulus that is at least three times as low as the shear modulus obtained under quiescent conditions.

Definitions for transition temperature, gel melting point, mean equivalent diameter, shear modulus, gel setting point, and methods for measuring these parameters can be found in our earlier European patent application 355,908. These definitions and methods should be considered to be incorporated into this application. Methods and compounds for the preparation of chemically set polysaccharides can be found in European patent application 432,835.

Definitions for yield value, Bingham viscosity and failure to stress and methods for measuring them can be found in P.Sherman, Emulsion Science, Academic press, 1968, and in our European patent applications 91310097.0 and 91310098.8.

Our new emulsions can be applied in non-dairy creams, dressings and mayonnaises.

The fat phase of our new emulsions represents in general 1-60 wt.% of the total emulsion. In non-dairy creams, a fat content of 2-40 wt.% is preferred; however, a fat content of 3-20 wt.% is most preferred, while in dressings and mayonnaises a fat content of 2-45 wt.% is preferred and 3-35 wt.% is most preferred. This means therefore that we have now found new food products that can have very low fat contents while their characteristics, such as mouthfeel, whipping time, rheology, firmness and overrun, are excellent. Thus, we have found products that are healthier (because of the very low fat content) than known products, while their

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physical and organoleptic properties are about the same as the properties of known products. For example, whipping times of less than 6 minutes (using a Kenwood Electronic mixer model Km.201, 500 Watt, applying 180 rpm and a wire-whisk) are easily achievable.

The amount of gelling polysaccharide in the water phase can be 0.1-15 wt.%. The preferred amounts depend on the type of polysaccharide. For agar the preferred range is 0.2-5 wt.%; for carrageenan and furcellaran the preferred range is 0.5-10 wt.%.

The sheared polysaccharides that are suitably applied in the water phase of our emulsions can be chosen from the group consisting of agar, kappa-carrageenan, iota-carrageenan, pectin, alginate, gellan, furcellaran or mixtures thereof.

In order to impart a dairy character (i.e. dairy-like taste) to the emulsions, if required, incorporation of 2-10 wt.% of a protein component is preferred, in particular buttermilk powder or skimmed milk powder.

Although not always necessary, it is often advantageous to incorporate an emulsifer system into our emulsions. In this way, the whipping and spoonable properties of our products can be influenced. In principle, any known type of emulsifier can be used. Preferred emulsifiers, however, are monoglycerides of saturated and/or unsaturated fatty acids (in particular C₁₆-C₁₈ acids); polyoxyethylene sorbitan fatty acid esters; diacetyl tartaric esters of mono- or diglycerides (or the analogues without acetyl groups); lecithins; lactic acid esters of mono- and/or diglycerides or combinations thereof. The amount of emulsifier is usually 0.05-1.5 wt.%, in particular 0.1-0.8 wt.%.

It is also possible to control the rheology of our emulsions to some extent by adding a thickener to the cream phase of our products. Suitable thickeners can be chosen from the group consisting of locust bean gum, xanthan gum, guar gum, sodium alginate, pectin or carrageenan or mixtures thereof. Note that these components of the cream phase are not sheared and are therefore different from the other components present in the water phase. Amounts of 0.05-1.5 wt.% of thickener, based on the product, lead to very acceptable results.

The emulsions according to the invention can be prepared by the following process:

- 1) a fluid composition containing at least one gelling polysaccharide is made by adding the polysaccharide to water, at a temperature above 60 °C, subjecting this mixture to sufficient shear while cooling the liquid slowly through its gel setting temperature and collecting the composition, which displays a less rigid structure than the quiescently gelled composition;
- 2) a water-continuous fat emulsion is made, containing fat, protein, emulsifier and thickener;
- 3) the emulsion of 2) is homogenized under pressure (50-200 bar, single stage, preferably);
- 4) the compositions of 1) and 3) are mixed in a predetermined ratio.
- Alternatively, the fluid composition of 1) may be kept at a temperature above 60 °C and mixed with the emulsion of 3) before cooling and shearing.

Similar processes can be performed by using a chemically set gelling agent (e.g. by Ca²⁺-ions). In that case, the gelling polysaccharide is chemically set by addition of a chemically setting compound while shearing the fluid composition.

For the preparation of dressings or mayonnaises the above-mentioned processes are adapted in such a way that new dressings and mayonnaises are produced.

EXAMPLES

Spoonable creams were prepared by mixing an agar phase and a cream phase. The agar phase was made as follows:

| Agar (Gracilona® 125) | 5% |
|-----------------------|-----|
| Water | 95% |

- 1. The agar was dissolved in the water at 90 °C to give a 5 wt.% agar solution.
- 2. The solution was pumped through a micro-votator spreads line, in which the following conditions were applied:

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| Unit | Speed (rpm.) | Exit T °C |
|----------------|--------------|-----------|
| A ₁ | 4,000 | 18.2 |
| C ₁ | 4,000 | 10.5 |
| A ₂ | 1,400 | 23.1 |
| A ₃ | 1,400 | 8.9 |

The throughput was 56 g/min.

The cream phase was made up as follows:

| Hardened palmkernel oil | 24% |
|--------------------------|--------|
| Coconut oil | 24% |
| BMP (butter milk powder) | 7% |
| Emulsifier | 0.6% |
| Thickener | 0.05% |
| Water | 44.35% |
| | |

- 1. BMP, emulsifier and thickener were dissolved in the water at 80 °C.
- 2. The fat blend was mixed into the aqueous phase with the aid of a Silverson mixer.
- 3. The product of 2) was homogenized (single stage, 100 bar) and then rapidly cooled to $5\,^{\circ}$ C. This resulted in a 48% fat oil-in-water (o/w) emulsion.

Spoonable creams were made by carefully mixing a sample of the sheared 5% agar dispersion with a sample of the 48% fat o/w emulsion. Each resulting dispersion was stored overnight at 5 °C. The rheological and whipping properties were as follows:

Example 1

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Formulation -

188.1 g of sheared 5% agar dispersion 13.0 g of 48% fat o/w emulsion

Overall - 4.7% agar and 3.1% fat on product

| Extrapolated yield stress | 238 Pa |
|---------------------------|---------------|
| Bingham viscosity | 261 mPas |
| Failure to stress | 0.021 Radians |

Example 2

Formulation -

161.8 g of sheared 5% agar dispersion 38.3 g of 48% fat o/w emulsion

Overall - 4.0% agar and 9.2% fat on product

| Extrapolated yield stress | 144 Pa |
|---------------------------|---------------|
| Bingham viscosity | 251 mPas |
| Failure to stress | 0.014 Radians |

179 g were whipped on a Kenwood Chef at 180 rpm.

| Whipping time | 4 min. 30 sec. |
|--------------------|----------------|
| Overrun | 73% |
| Firmness (Boucher) | 81 |

Example 3

Formulation -

126.2 g of sheared 5% agar dispersion 73.2 g of 48% fat o/w emulsion

Overall -

3.2% agar and 17.6% fat on product

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| Extrapolated yield stress | 70 Pa |
|---------------------------|---------------|
| Bingham viscosity | 176 mPas |
| Failure to stress | 0.034 Radians |

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174 g were whipped on a Kenwood Chef at 180 rpm.

Whipping time 3 min. 47 sec.
Overrun 127%
Firmness (Boucher) 80

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Example 4

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A 5% oil mayonnaise was prepared, using the sheared 5% agar dispersion, according to the following recipe:

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| Recipe | | |
|-----------------------------|-------------------------|--|
| 4.7 wt% | agar | |
| 5.0 wt% | sunflower oil | |
| 0.13 wt% | K-sorbate | |
| 1.5 wt% | NaCl | |
| 0.002 wt% | dill aroma | |
| 0.0005 wt% | lemon aroma | |
| 1.2 wt% | mustard | |
| | acetic acid to pH = 3.7 | |
| trace B-carotene for colour | | |

water

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The aqueous agar-phase and the other components were mixed with a high speed mixer.

87.4 wt%

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| Results | |
|---------------------------|---------------|
| Extrapolated yield stress | 256 Pa |
| Bingham viscosity | 479 mPa.s |
| Failure to stress | 0.024 Radians |

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Example 5

In a way similar to example 4 a mayonnaise was made, containing 30 wt% oil.

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| Recipe | | |
|--|--|--|
| 3.5 wt% 30.0 wt% 0.13 wt% 1.5 wt% 0.002 wt% 0.0005 wt% 1.2 wt% | agar sunflower oil K-sorbate NaCl dill aroma lemon aroma mustard acetic acid to pH = 3.7 | |
| trace β-carotene | | |
| 63.7 wt% | water | |
| | | |

| Results | |
|---------------------------|---------------|
| Extrapolated yield stress | 161 Pa |
| Bingham viscosity | 241 mPa.s |
| Failure to stress | 0.048 Radians |

Example 6

In a way similar to example 4 a dressing was made. The aqueous agar-phase was the same as applied in example 4.

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| Recipe | |
|--|---|
| 2.0 wt% 0.13 wt% 1.1 wt% 7.8 wt% 88.97 | agar K-sorbate NaCl mixed flavours (garlic; onion; mustard; black pepper) water pH adjusted to 4.0 with acetic acid |

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| Results | |
|---|---------------------|
| Extrapolated yield stress Bingham viscosity | 106 Pa 161 mPa.s |
| Failure to stress | 0.027 Radians |

Claims

1. A water-continuous emulsion, which optionally contains protein component(s), emulsifier(s) and/or thickener(s), wherein the fat phase comprises 1-60 wt.% of the total composition and the aqueous phase consists of at least one gelling polysaccharide capable of forming a gel, wherein the aqueous phase, at temperature T, is fluid and wherein the aqueous phase, at temperature T, has a shear modulus that is at least three times as low as the shear modulus of the gel obtained under quiescent conditions at the same temperature T, while the gelling polysaccharides are present as microgels with

a mean equivalent diameter of less than 100 µm, and the emulsion is spoonable.

- 2. Water-continuous emulsion according to Claim 1, wherein the aqueous phase consists of at least one gelling polysaccharide capable of forming a reversible gel and wherein the aqueous phase, at temperature T, has a shear modulus that is at least three times as low as the shear modulus of the gel obtained after heating said composition to above the transition temperature and subsequent cooling under quiescent conditions to the same temperature T.
- 3. Water-continuous emulsion according to Claim 1, wherein the aqueous phase consists of at least one chemically set gelling polysaccharide capable of forming a gel and wherein the aqueous phase, at temperature T, has a shear modulus that is at least three times as low as the shear modulus obtained under quiescent conditions.
- 4. Water-continuous emulsion according to Claim 1, wherein the emulsion shows the following rheological behaviour at 5 °C:
 - it has a yield value of > 50 Pa, when extrapolating from shear rates between 100 and 300 S⁻¹;
 - it has a Bingham viscosity < 500 mPa.s between shear rates of 100 and 300 S-1;
 - it shows failure to stress at a strain of < 0.5 Radians.
- 20 5. Water-continuous emulsion according to Claim 4, wherein the emulsion displays simultaneously a whipping time of less than 6 minutes (using a Kenwood whipping apparatus).
 - 6. Water-continuous emulsion according to Claims 1-5, wherein the emulsion is a non-dairy cream with a fat content of 2-40 wt.%.
 - 7. Water-continuous emulsion according to Claims 1-5, wherein the emulsion is incorporated in a dressing or a mayonnaise and has a fat content of 2-45 wt.%.
- 8. Water-continuous emulsion according to Claim 1, wherein the polysaccharide concentration of the water phase is 0.1-15 wt.%.
 - Water-continuous emulsion according to Claims 1-8, wherein the polysaccharide is chosen from the group consisting of agar, kappa-carrageenan, iota-carrageenan, gellan, furcellaran, pectin, alginate and mixtures thereof.
 - 10. Water-continuous emulsion according to Claim 6, wherein the composition contains 2-10 wt.% of a protein, preferably butter milk powder or skimmed milk powder.
- 11. Water-continuous emulsion according to Claim 1, wherein the emulsifier is chosen from the group consisting of monoglycerides of saturated and/or unsaturated fatty acids (in particular C₁₆-C₁₈ acids); polyoxyethylene sorbitan fatty acid esters; diacetyl tartaric esters of mono- or diglycerides (or the analogues without acetyl groups); lecithins; lactic acid esters of mono- and/or diglycerides or combinations thereof, and is present in an amount of 0.05-1.5 wt.%.
- 45 12. Water-continuous emulsion according to Claim 1, wherein the thickener is present in an amount of 0.05-1.5 wt.% and is chosen from the group consisting of locust bean gum, xanthan gum, guar gum, sodium alginate, pectin, carrageenan or mixtures thereof.

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